



Fathappy: Live at Saint Laurent

Review by [Mr. Sexy](#)

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If you are anything like me the endless troll of the Billboard Top 100 filled radio frequencies can tend to numb the brain. The monotony of sounds that seem to bleed into each other creates a wall of noise that I can't seem to break into individual pieces. It is at times like these that I turn to the indie scene. Populated mostly by artists that create what they feel not what market research has told them to play, it can be a great scene to escape to. Unpolished, raw, and sometimes not-so-harmonious sounds flourish here, but at least it is real and fresh. If you look around, you can even find some really solid, talented artists you'll want to add to your daily groove sessions.

This brings me to the first album to be reviewed at Damn!Sexy Sounds. **Fathappy: Live at Saint Laurent.** Live albums can be a risk for even seasoned mainstream performers. It is difficult to translate the energy of live performance to an audio CD and let's face it, sometimes when you take the talent out of the studio you realize too late, that is the only place they have talent.

Fathappy adeptly maneuvers around all of the live recording pitfalls and delivers a live album with an energy just as palpable as if you were there. Their third release since forming in 2000, it is a great way to get to know the personality of their music. It is obvious to the listener that this band has fun creating their songs. A laid back rock band with hints of bluegrass influence, they are the voice of 30 and 40-something's everywhere. One foot firmly planted in adulthood, the other still lingering in a time filled with parties and play, refusing to ever quite grow up. I for one, hope they never do.

With outright fun songs like *Sumo*, extolling the joys of being a Sumo wrestler, and *Rich and Famous*, lamenting the realities of working past 25 and still not rich or famous; to more poignant, self-reflective songs like *I Love My Life* and *People I Know*, Fathappy has found the perfect balance. This is the music you listen to sitting at the lake with a bunch of friends while you drink a beer or better yet, the kind of music you go out and listen to live! Either way it will leave you in a better mood than before you heard it and give you that ache-filled longing for just one more day off when you can just enjoy life, good and bad. Fathappy reminds us to take it all in stride.



Go, check out **Fathappy: Live at Saint Laurent** at www.fathappy.com